Package Outlines

4 Week Program

- One on one consultation with the Physician
- BMI calculations/Body Fat Percentage/Visceral Fat Level/Skeletal Muscle Percentage/Weight and Measurements
- 5 weekly visits with a Certified Health Coach
- Individualized meal plan
- 4 weeks worth of medical weight loss medication
- 5 Day Jump Start Cleanse
- Weekly journal
- Unlimited monthly support through calls, texts, emails

6 Week Program

- One on one consultation with the Physician
- BMI calculations/Body Fat Percentage/Visceral Fat Level/Skeletal Muscle Percentage/Weight and Measurements
- 7 weekly visits with a Certified Health Coach
- Individualized meal plan
- 6 weeks worth of medical weight loss medication
- 1 Month Supply of Natural Weight Loss Supplements
- 5 Day Jump Start Cleanse
- Weekly journal
- Unlimited monthly support through calls, texts, emails

8 Week Program

- One on one consultation with the Physician
- BMI calculations/Body Fat Percentage/Visceral Fat Level/Skeletal Muscle Percentage/Weight and Measurements
- 9 weekly visits with a Certified Health Coach
- Individualized meal plan
- 8 weeks worth of medical weight loss medication
- 5 Day Jump Start Cleanse
- 1 Month Supply of Natural Weight Loss Supplements
- Weekly journal
- Unlimited monthly support through calls, texts, emails
- 1 Session of Intravenous Weight Loss Support Vitamins
- 1 Vitamin B-12 Injection